



Zondag 10 dec 2023



Atletiekclub Deinze

**WINTER-
JOGGING**

UITSLAGEN

Volgende organisaties A.C. Deinze :

Winterjogging	zon 14 januari 2024	10u00
Winterjogging	11 februari 2024	10u00
Lenteloop	vr 26 april 2024	19u00
Herfstloop	zon 20 oktober 2024	10u00
Grote Prijs Stad Deinze (veldloop)	zon 24 november 2024	11u15
Winterjogging	zon 15 december 2024	10u00

Pl	Bib	Naam	M/V	1° ronde	AVG 2° ronde	AVG 3°ronde	AVG netto tijd	AVG
1 ronde 4,9 km								
1.	185	Willems, Sam	M			17:27	16.86	
2.	160	Schelfhout, Lyan	M			20:44	14.19	
3.	181	Mattheeuws, Nore	F			22:18	13.18	
4.	177	Suys, Mieke	F			22:27	13.09	
5.	113	Bauwens, Wesley	M			22:33	13.03	
6.	107	Baertsoen, Leon	M			22:39	12.98	
7.	175	Haelvoet, Brent	M			22:42	12.95	
8.	120	Timmermans, Veronique	F			22:42	12.95	
9.	141	Mervilde, Lucas	M			22:49	12.89	
10.	112	Devriese, Bent	M			22:53	12.85	
11.	190	Notebaert, Peter	M			23:26	12.55	
12.	182	De Waele, Axana	F			23:29	12.52	
13.	147	Minne, Storm	M			23:30	12.51	
14.	146	Minne, Finn	M			23:31	12.50	
15.	178	Defoort, Saartje	F			23:35	12.46	
16.	165	De Grande, Matheo	M			23:37	12.45	
17.	191	Guillemyn, Fons	M			23:38	12.44	
18.	187	Carlu, Cedric	M			23:38	12.44	
19.	184	De Raeve, Maïté	F			24:09	12.18	
20.	132	Coertjens, Rune	M			24:33	11.98	
21.	171	Guns, Eliza	F			24:33	11.97	
22.	110	Verhaeghe, Matthias	M			24:37	11.94	
23.	183	Meulebrouck, Stefaan	M			24:42	11.90	
24.	173	Debaere, Sander	M			24:49	11.84	
25.	138	De Waele, Mila	F			25:04	11.73	
26.	188	Carlu, Andy	M			25:46	11.41	
27.	159	Haspeslagh, Charlotte	F			25:56	11.34	
28.	130	De Clippeleir, Benny	M			26:08	11.25	
29.	192	Goossens, Kurt	M			26:11	11.23	
30.	168	Bonte, Norah	F			26:30	11.09	
31.	124	Seys, Luc	M			26:43	11.00	
32.	189	Goddeau, Marleen	F			26:44	11.00	
33.	156	Volders, Lou	M			27:00	10.89	
34.	140	Monkerhey, Bent	M			27:00	10.89	
35.	133	Dekeyser, Ina	F			27:08	10.83	
36.	150	Baete, Amber	F			27:10	10.82	
37.	154	Rogge, Jana	F			27:11	10.81	
38.	114	Bauwens, Rémi	M			27:12	10.81	
39.	142	Matton, Phebe	F			27:14	10.79	
40.	143	Matton, Sven	M			27:15	10.79	
41.	123	Clauwaert, Lieve	F			27:35	10.66	
42.	136	Vanderschelden, Johan	M			27:42	10.61	
43.	111	De Lodder, Achille	M			27:46	10.59	
44.	125	Omari, Fouzia	F			27:51	10.55	
45.	102	De Keyser, Peter	M			27:54	10.53	

Pl	Bib	Naam	M/V	1° ronde	AVG 2° ronde	AVG 3°ronde	AVG netto tijd	AVG
46.	126	Monsaert, Koen	M				28:03	10.48
47.	169	Deblauwe, Marcel	M				28:08	10.45
48.	134	De Jans, Lenti	F				28:24	10.35
49.	145	Mouloud, Nourseyn	F				28:25	10.35
50.	135	De Jans, Wouter	M				28:25	10.35
51.	137	Vanderschelden, Jonas	M				28:31	10.31
52.	217	Van Eecke, Louise	F				28:48	10.20
53.	166	Hellebuyck, Anouska	F				28:49	10.20
54.	139	Claeys, Jose	M				28:55	10.16
55.	164	Marlier, Jules	M				28:57	10.15
56.	163	Marlier, Tim	M				28:58	10.15
57.	162	Marlier, Chris	M				28:59	10.14
58.	151	Defour, Merel	F				29:21	10.02
59.	176	Bidlot, Aube	F				29:23	10.00
60.	115	Van Samang, Ann	F				29:31	09.96
61.	158	Bilcke, Koen	M				29:46	09.87
62.	148	Vanhaesebroeck, Henk	M				29:53	09.84
63.	167	Braet, Nele	F				30:27	09.66
64.	161	Van Acker-Verberckt, Johan	M				31:09	09.44
65.	117	Decloedt Van Laere, Valerie	F				31:38	09.29
66.	116	Speybrouck, Lorin	M				31:38	09.29
67.	170	Vandenbruwane, Lisbeth	F				31:46	09.25
68.	152	Sanders, Greet	F				31:46	09.25
69.	202	Remue, Sofie	F				31:56	09.20
70.	106	Baertsoen, Marie	F				31:57	09.20
71.	186	Telier, Gaston	M				32:12	09.13
72.	157	Wauters, Stephanie	F				32:51	08.95
73.	180	Demuyt, Cornell	M				33:01	08.90
74.	105	Cloet, Fabienne	F				33:28	08.78
75.	131	Baert, Marnix	M				33:39	08.74
76.	155	Volders, Bonnie	F				34:28	08.53
77.	119	Decloedt, Anne	F				34:40	08.48
78.	118	Van Laere, Tino	M				34:41	08.48
79.	122	Dellaert, Sander	M				35:11	08.35
80.	103	Boonen, Lander	M				35:13	08.34
81.	174	Clauwaert, Karine	F				36:30	08.05
82.	127	Wijnen, Christel	F				37:42	07.79
83.	144	Van Nieuwenhuyse, Branko	M				37:44	07.79
84.	149	Callewaert, Tineke	F				40:20	07.29

2 ronden 9,4 km

1.	244	Dhondt, Daan	M	17:26	16.86	16:56	15.94	34:22	16.41
2.	252	Colpaert, Christophe	M	17:43	16.60	17:08	15.75	34:51	16.17
3.	251	Bleyaert, Bart	M	17:33	16.75	17:21	15.54	34:55	16.15
4.	253	Dujardin, Pedro	M	17:51	16.47	17:17	15.61	35:08	16.04
5.	273	Van Den Bulcke, Arne	M	18:17	16.07	18:08	14.89	36:25	15.48
6.	266	Icket, Jonas	M	19:17	15.25	17:51	15.12	37:08	15.18

Pl	Bib	Naam	M/V	1° ronde	AVG 2° ronde	AVG 3°ronde	AVG netto tijd	AVG
7.	256	Vanluchene, Mats	M	18:56	15.53	18:57	14.25	37:53 14.89
8.	234	Dewaele, Joost	M	18:54	15.54	19:15	14.02	38:10 14.78
9.	246	Coene, Stijn	M	20:05	14.64	18:46	14.37	38:52 14.51
10.	233	Schelfhout, Niko	M	20:38	14.24	19:32	13.81	40:11 14.03
11.	261	Deleersnijder, Patrick	M	20:46	14.16	19:50	13.60	40:36 13.88
12.	229	De Waele, Wim	M	20:52	14.08	21:17	12.68	42:10 13.37
13.	264	Dedecker, Tom	M	21:21	13.76	20:55	12.91	42:16 13.33
14.	227	Vandemoortele, Rodney	M	21:38	13.58	21:02	12.83	42:41 13.20
15.	223	De Lodder, Bart	M	22:11	13.25	20:35	13.10	42:47 13.17
16.	216	Van Parys, Jan	M	22:08	13.28	21:12	12.73	43:20 12.98
17.	240	Coorevits, Nathalie	F	22:07	13.29	21:29	12.56	43:37 12.89
18.	215	Lassuyt, Jarno	M	22:11	13.25	22:04	12.23	44:16 12.72
19.	275	Guillemy, Bart	M	23:33	12.48	21:22	12.63	44:55 12.53
20.	201	Vercammen, Rune	M	23:44	12.38	21:30	12.56	45:14 12.47
21.	235	Debie, Ulrika	F	23:16	12.63	22:17	12.11	45:34 12.36
22.	265	De Brabandere, Hilde	F	23:19	12.60	22:24	12.05	45:44 12.32
23.	268	Elkalisch, Abdel	M	23:23	12.56	22:45	11.86	46:09 12.21
24.	242	Meuleman, Jacques	M	25:11	11.67	22:00	12.27	47:11 11.93
25.	270	Lannoo, Frank	M	24:10	12.16	23:05	11.69	47:15 11.92
26.	276	Arickx, Hein	M	24:16	12.11	23:22	11.55	47:39 11.80
27.	262	Deleu, Peter	M	24:09	12.17	23:43	11.38	47:53 11.76
28.	228	Vroman, Steffie	F	24:51	11.82	23:31	11.48	48:23 11.64
29.	231	Vanbrabant, Hilde	F	24:51	11.83	23:47	11.35	48:38 11.58
30.	245	Van Den Bossche, Koen	M	24:59	11.76	25:11	10.72	50:11 11.22
31.	269	Lanssens, Ellen	F	25:56	11.33	24:21	11.08	50:18 11.19
32.	206	De Pauw, Timo	M	25:11	11.67	25:20	10.65	50:31 11.14
33.	232	De Vreese, Kurt	M	26:07	11.25	24:27	11.04	50:34 11.13
34.	230	De Maerteleire, Vanessa	F	26:18	11.18	24:28	11.03	50:46 11.08
35.	278	Schockaert, Mario	M	25:54	11.34	25:01	10.79	50:56 11.05
36.	203	De Waele, David	M	26:23	11.14	25:10	10.72	51:33 10.93
37.	213	Debbaut, Herald	M	26:09	11.23	25:32	10.57	51:42 10.88
38.	255	De Craemer, Marieke	F	26:53	10.93	24:59	10.80	51:53 10.85
39.	254	Kint, Edwin	M	26:54	10.93	25:01	10.79	51:55 10.85
40.	224	Minne, Stijn	M	26:08	11.24	26:01	10.38	52:09 10.79
41.	218	De Jans, Marlien	F	26:27	11.11	26:01	10.37	52:29 10.72
42.	220	De Ruyck, Hanne	F	26:27	11.11	26:02	10.37	52:30 10.72
43.	243	Cozyns, Steven	M	27:31	10.68	24:56	10.82	52:28 10.71
44.	272	Vander Beken, Lien	F	27:22	10.74	25:11	10.72	52:33 10.70
45.	271	Verbrugghe, Sofie	F	27:22	10.74	25:14	10.70	52:36 10.69
46.	222	Hofmans, Jean Luc	M	26:19	11.17	26:29	10.19	52:49 10.65
47.	267	Rysman, Johan	M	27:48	10.57	25:29	10.59	53:18 10.56
48.	274	Verstraete, Natascha	F	27:19	10.76	26:01	10.37	53:21 10.55
49.	212	Lavaert, Lukas	M	26:13	11.21	27:25	09.84	53:38 10.50
50.	250	Ver Eecke, Stefaan	M	27:27	10.71	26:20	10.25	53:47 10.48
51.	239	Slock, Emiel	M	26:36	11.05	28:02	09.63	54:39 10.30
52.	263	Gevens, Guido	M	28:59	10.14	26:52	10.04	55:51 10.10

Pl	Bib	Naam	M/V	1° ronde	AVG	2° ronde	AVG	3°ronde	AVG	netto tijd	AVG
53.	247	De Lannoy, Wim	M	28:44	10.22	27:01	09.99			55:45	10.08
54.	225	Taghon, Kurt	M	28:44	10.23	27:01	09.99			55:45	10.07
55.	221	Vernaillen, Dieter	M	27:16	10.78	28:49	09.36			56:05	10.01
56.	211	De Canck, Marcel	M	28:49	10.20	27:36	09.78			56:26	09.97
57.	208	Hofmans, Cindy	F	28:49	10.19	27:40	09.76			56:30	09.96
58.	209	De Leeuw, Steven	M	28:45	10.22	27:46	09.72			56:31	09.95
59.	207	Sissau, Erwin	M	29:10	10.08	28:08	09.59			57:18	09.82
60.	277	Denys, Hilde	F	28:59	10.14	29:32	09.13			58:32	09.60
61.	226	Willems, William	M	28:45	10.22	29:48	09.05			58:34	09.60
62.	219	Van Rechem, Stefaan	M	29:54	09.83	28:50	09.36			58:45	09.56
63.	214	Decavel, Natalie	F	30:29	09.64	29:49	09.05			1:00:19	09.34
64.	259	Lievrouw, Didier	M	31:07	09.44	30:05	08.97			1:01:12	09.20
65.	210	D'Havé, Freddy	M	31:16	09.40	30:32	08.84			1:01:49	09.09
66.	204	Chrétien, Filip	M	31:14	09.40	30:34	08.83			1:01:49	09.08
67.	260	Vermeersch, Linda	F	31:36	09.30	30:41	08.80			1:02:17	09.04
68.	249	De Coster, Ida	F	32:19	09.09	33:35	08.03			1:05:55	08.55
69.	248	Crevits, Hasse	F	32:18	09.10	33:35	08.03			1:05:54	08.55

3 ronden 13,8 km

1.	349	Adriaens, Yannick	M	17:12	17.09	16:31	16.35	16:40	15.82	50:24	16.42
2.	353	De Poorter, Urs	M	19:05	15.40	18:09	14.87	17:43	14.90	54:57	15.06
3.	303	Coussement, Dieter	M	18:29	15.91	17:59	15.00	18:34	14.22	55:02	15.04
4.	328	Claeys, Pieter	M	18:40	15.75	18:23	14.67	18:32	14.24	55:36	14.88
5.	347	Van Loocke, Thomas	M	18:53	15.56	18:28	14.62	18:59	13.90	56:20	14.69
6.	335	Debaere, Steven	M	19:42	14.93	18:57	14.24	19:13	13.73	57:53	14.30
7.	345	De Coster, Maarten	M	20:06	14.63	19:14	14.04	19:45	13.36	59:05	14.01
8.	337	Dhont, Kobe	M	20:41	14.21	19:56	13.54	19:40	13.43	1:00:17	13.72
9.	329	Vandeputte, Jonas	M	20:46	14.16	19:54	13.56	19:53	13.28	1:00:33	13.67
10.	360	Martens, Kenny	M	20:52	14.10	19:51	13.59	20:10	13.08	1:00:53	13.59
11.	358	Decoster, Dries	M	20:47	14.14	20:02	13.47	20:04	13.15	1:00:54	13.57
12.	357	Van Petegem, Patrick	M	20:45	14.17	19:56	13.55	20:18	13.00	1:00:59	13.57
13.	304	Verschaeve, Bart	M	21:03	13.96	20:03	13.46	20:11	13.08	1:01:17	13.50
14.	344	Lefranc, Patrice	M	21:14	13.84	20:25	13.23	20:41	12.76	1:02:20	13.27
15.	356	Snel, Peter	M	21:06	13.93	20:34	13.13	21:01	12.55	1:02:41	13.20
16.	312	Vackier, Pol	M	21:04	13.94	20:49	12.97	21:22	12.35	1:03:16	13.08
17.	346	Mattheeuws, Pascal	M	22:15	13.21	20:57	12.88	20:27	12.91	1:03:39	13.00
18.	327	Coertjens, Jonas	M	24:26	12.03	19:50	13.62	19:46	13.35	1:04:02	12.91
19.	341	Rosseeuw, Robin	M	21:21	13.77	21:53	12.33	21:26	12.31	1:04:41	12.79
20.	336	De Ketelaere, Peter	M	22:32	13.04	21:16	12.70	21:09	12.47	1:04:58	12.74
21.	301	Moyaert, Johan	M	22:10	13.26	21:10	12.75	21:53	12.06	1:05:13	12.68
22.	318	Sissau, Jeroen	M	22:21	13.15	22:03	12.24	21:32	12.26	1:05:56	12.54
23.	305	De Pauw, Ewout	M	22:06	13.30	21:44	12.42	22:13	11.88	1:06:04	12.51
24.	330	De Sutter, Geert	M	23:56	12.28	21:39	12.47	21:39	12.19	1:07:14	12.29
25.	321	Devlamincck, Luk	M	23:38	12.44	22:11	12.16	21:43	12.15	1:07:32	12.25
26.	351	Groenweghe, Philippe	M	23:21	12.59	22:22	12.06	22:06	11.95	1:07:49	12.20
27.	308	Verbruggen, Xavier	M	23:14	12.64	22:33	11.97	22:44	11.60	1:08:32	12.07
28.	317	Dehaes, Kenny	M	23:53	12.30	22:54	11.79	21:45	12.14	1:08:32	12.04

PI	Bib	Naam	M/V	1° ronde	AVG	2° ronde	AVG	3°ronde	AVG	netto tijd	AVG
29.	316	Hoet, Niels	M	23:52	12.31	22:55	11.78	21:45	12.13	1:08:32	12.04
30.	363	Martens, Martine	F	25:16	11.63	21:59	12.27	21:34	12.24	1:08:49	12.03
31.	307	Van Cauwenberghe, Filip	M	25:02	11.74	22:04	12.23	21:29	12.28	1:08:35	12.03
32.	355	Schouppe, Lorenzo	M	24:17	12.10	22:41	11.90	22:04	11.96	1:09:03	11.95
33.	350	Notebaert, Steven	M	25:06	11.70	22:26	12.03	21:50	12.09	1:09:23	11.90
34.	359	Van Hoey, Gert	M	24:01	12.24	22:53	11.79	22:52	11.54	1:09:46	11.85
35.	361	Haverbeke, Jordy	M	23:24	12.56	24:28	11.03	22:24	11.78	1:10:17	11.78
36.	313	Lavaert, Jan	M	24:00	12.24	22:46	11.86	23:42	11.13	1:10:29	11.73
37.	352	van Houtte, Jonas	M	24:51	11.83	22:44	11.87	23:42	11.13	1:11:18	11.59
38.	362	Van Houtte, Geert	M	24:51	11.82	22:44	11.87	23:43	11.12	1:11:19	11.59
39.	348	Vannerom, Peter	M	25:07	11.70	22:29	12.00	23:42	11.13	1:11:19	11.59
40.	326	Verplaetse, Dries	M	23:14	12.65	23:27	11.51	25:08	10.50	1:11:50	11.51
41.	322	Van Hamme, Kurt	M	24:20	12.08	23:42	11.39	24:17	10.87	1:12:20	11.43
42.	340	Goedertier, Olivier	M	24:48	11.84	23:45	11.37	24:12	10.90	1:12:46	11.36
43.	315	Cnockaert, Chiel	M	30:18	09.70	21:03	12.81	21:19	12.39	1:12:40	11.35
44.	324	van Bruwaene, Rudi	M	24:17	12.11	23:21	11.55	25:24	10.39	1:13:02	11.32
45.	354	Perneel, Frederick	M	24:11	12.15	23:56	11.27	24:57	10.58	1:13:05	11.31
46.	343	Rosseeuw, Birger	M	24:46	11.86	24:03	11.22	24:35	10.73	1:13:25	11.27
47.	320	Cleyman, Georges	M	26:02	11.28	23:52	11.30	24:17	10.87	1:14:12	11.13
48.	334	Van De Broecke, Marc	M	26:15	11.20	24:14	11.14	23:44	11.12	1:14:13	11.12
49.	332	Gyssels, Geert	M	26:11	11.22	24:18	11.11	24:10	10.92	1:14:40	11.07
50.	339	Marist, Serge	M	25:40	11.45	24:32	11.00	25:40	10.28	1:15:53	10.89
51.	302	Hautekeete, Jose	M	28:01	10.49	25:42	10.50	26:11	10.08	1:19:55	10.33
52.	333	De Wilde, Bart	M	28:06	10.46	26:36	10.15	27:02	09.76	1:21:44	10.10
53.	338	Mynsberge, Myriam	F	28:00	10.50	27:04	09.97	27:09	09.72	1:22:13	10.05
54.	331	Vermaerke, Myriam	F	28:00	10.50	27:04	09.97	27:23	09.64	1:22:28	10.02
55.	319	Van Nieuwenhuysse, Luc	M	34:22	08.55	24:15	11.12	23:51	11.07	1:22:29	10.02
56.	325	Van Hyfte, Anthony	M	28:56	10.16	27:25	09.84	27:06	09.73	1:23:28	09.90
57.	323	Salens, Dirk	M	28:57	10.15	27:25	09.85	27:07	09.73	1:23:29	09.90
58.	314	Cnockaert, Peter	M	30:19	09.69	27:08	09.94	26:43	09.88	1:24:10	09.81

Number of records: 211

Volgende organisaties A.C. DEINZE :

Winterjogging	zon 14 januari 2024	10 u.
Winterjogging	zon 11 februari 2024	10 u.
Lenteloop	vr 26 april 2024	19 u.
Herfstloop	zon 20 oktober 2024	10 u.
Grote Prijs stad Deinze (veldloop)	24 november 2024	11u15
Winterjogging	15 december 2024	10 u.

FINTRO
BNP PARIBAS GROEP 

Four Advice BV
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